

7 Tasks for a Cleaner Home

Week 1 & 2

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WEEK ONE:

- Clean your kitchen sink-make it shine!
- Clean your refrigerator-wipe down shelves, throw out old food
- Straighten your storage area-donate used clothing, throw out expired food, make plan to defrost freezer if needed
- Clean under your couches
- Dust light fixtures and fan in bathrooms
- Dust your ceiling fans
- Change your furnace filter or take care of another task you have been procrastinating

WEEK TWO:

- Organize your desk
- Clean the microwave-wipe it down inside and out
- Sweep the garage
- Wash all of your bedding-sheets, blankets, mattress pad
- Wash rugs in kitchen and bathroom
- Straighten area where you keep your shoes-mop or vacuum area
- Schedule furnace tune-up or take care of another task you have been procrastinating